

CAREER PORTFOLIO

For Middle School Students



Connecting Maine Students to Maine Businesses

Visit our Website: <http://www.mainecareeradvantage.org>

~~Lois rocks 69~~
Lois rocks 69
myBlueprint

SHIELD ACTIVITY

"Coat of Arms"

Students are to draw pictures (no words) for each block. Once the students complete their shields, have volunteers share their shields. After sharing, discuss how their interests relate to possible career choices.

Box 1

Something about themselves they would like others to know about them (blue eyes, always smiling, great athlete, etc.)

Box 2

Someone that they admire or look up to (i.e. type of person they are or their career)

Box 3

Students **WRITE** their last names

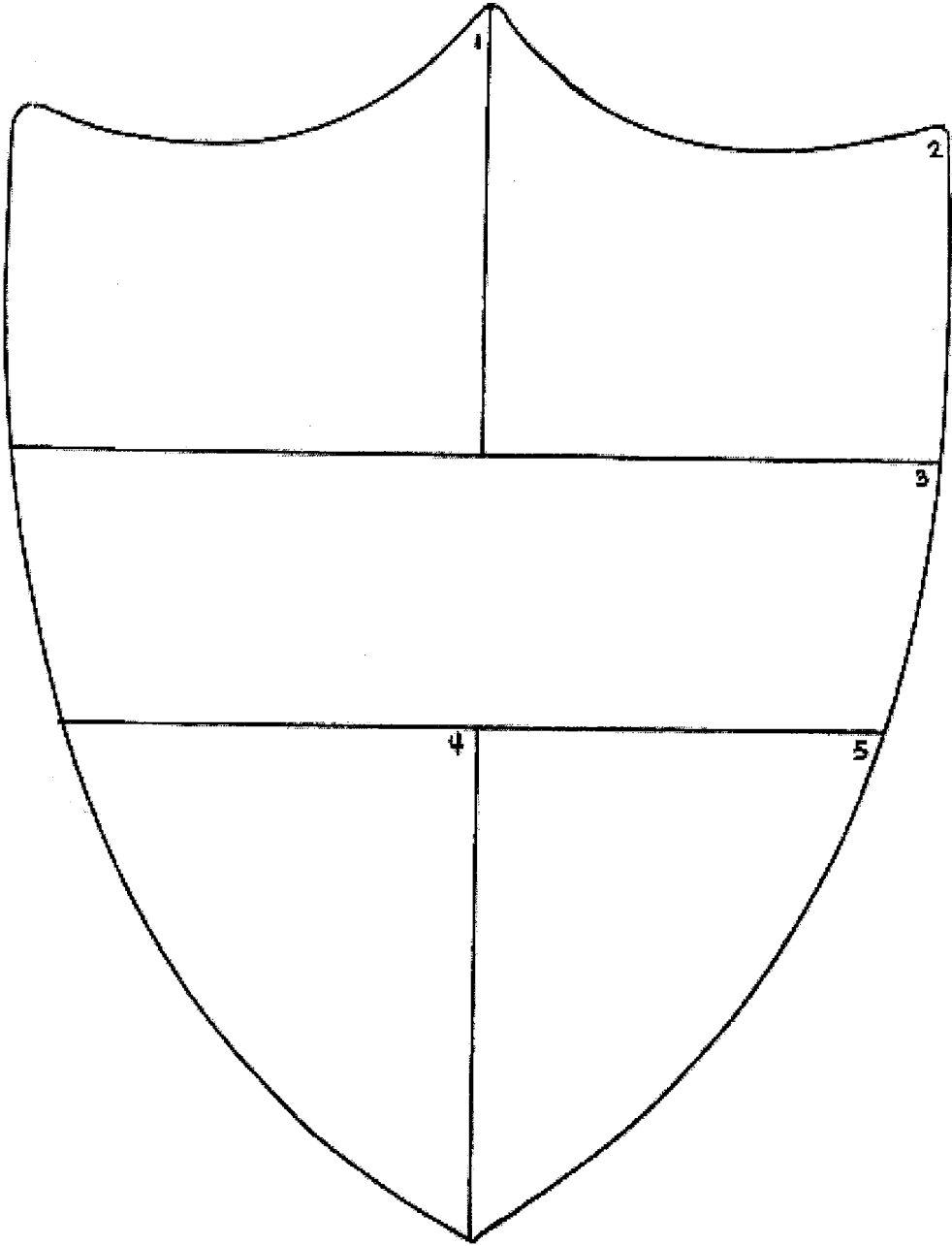
Box 4

Favorite school activity, sport or class

Box 5

Career/work that they wish to pursue after high school

Coat of Arms



BUSINESS CARD

After the students complete the Shield Activity, they are to design their own business card on a 3 x 5 index card. Their card will reflect the work/career they wish to pursue after high school graduation.

AUTOBIOGRAPHY (My Commercial)

Students are to write their autobiography in a commercial format. The commercial can be designed for television or radio. Encourage the students to be creative.