**Elements Notes**

1. The Periodic Table is a way of listing the [elements](http://www.ducksters.com/science/elements.php). Elements are listed in the table by the structure of their atoms.
2. Elements are the building blocks of the universe.
3. Everything is made of atoms. When the atoms combine they make up Elements.
4. There are 120 Elements that have been discovered. There may be more that we have not discovered.
5. Each element has its own name and abbreviation in the periodic table. Some of the abbreviations are easy to remember, like H for hydrogen. Some are a bit harder like Fe for iron or Au for gold.
6. Chemists have figured out that 95% of the human body is made up of hydrogen (H), carbon (C)

Nitrogen (N), oxygen (O), phosphorous (P), and calcium (Ca)

1. The original periodic table was first proposed by Russian chemist Dmitri Mendeleev in 1968.