

## Metric Olympics

Competitor's Name: \_\_\_\_\_

Country represented: \_\_\_\_\_

### Events

	Distance (mm)	Distance (cm)	Distance (m)	Distance (km)
Paper Straw Javelin Throw				
Paper Plate Discus				
Cotton Ball Shot Put				

	Volume (mL)	Volume (L)
Left-Handed Sponge Squeeze		

	Area (cm <sup>2</sup> )	Area (m <sup>2</sup> )
Big Foot Was Here		

	Weight (mg)	Weight (g)	Weight (kg)
Right-Handed Marble Grab			

	Time
One Cubic Centimeter Relay	
One Liter Water Relay	

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TEAM TOTALS	
	Distance (cm)
Paper Straw Javelin Throw	
Paper Plate Discus	
Cotton Ball Shot Put	

	Volume (mL)
Left-Handed Sponge Squeeze	

	Area (cm <sup>2</sup> )
Big Foot Was Here	

	Weight (g)
Right-Handed Marble Grab	

## PAPER STRAW JAVELIN THROW

### PROCEDURE:

In this event, you will attempt to throw the straw the greatest distance.

**You may not alter the straw in any way!**

Each person will get three throws. Record your results on your scratch paper.

Record the result of your best throw on your competition recording sheet.

Measurements should be made by another person with the meter sticks.

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## PAPER PLATE DISCUSS

### PROCEDURE:

In this event, you will attempt to throw the plate the greatest distance.

**You may not alter the plate in any way!**

Each person will get three throws. Record your results on your scratch paper.

Record the result of your best throw on your competition recording sheet.

Measurements should be made by another person with the meter sticks.

## COTTON BALL SHOT PUT

### PROCEDURE:

In this event, you will attempt to throw the cotton ball the greatest distance.

**You may not alter the cotton ball in any way!**

Each person will get three throws. Record your results on your scratch paper.

Record the result of your best throw on your competition recording sheet.

Measurements should be made by another person with the meter sticks.

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## RIGHT HANDED MARBLE GRAB

### PROCEDURE:

In this event, you will attempt to grab the greatest amount of marbles.

Each person will get two attempts. Record your results on your scratch paper.

Record the result of your best attempt on your competition recording sheet.

Measurements should be made by another person with the scales.

## LEFT HANDED SPONGE SQUEEZE

### PROCEDURE:

In this event, you will attempt to squeeze the largest amount of water. Each person will get two attempts. Record your results on your scratch paper. Record the result of your best squeeze on your competition recording sheet.

Measurements should be made by another person with the measuring cups.

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## BIG FOOT WAS HERE

### PROCEDURE:

In this event, you will determine the area of your foot in metric units. Each square on the grid paper represents 1 square centimeter. Each person will use one piece of grid paper. Record the result of your attempt on your competition recording sheet.

Measurements should be checked by another person.